

January 10, 2021
Your Youth Renewed



Key Scriptures

Psa 103:1-5 NASB A Psalm of David. Bless the LORD, O my soul, And all that is within me, bless His holy name. (2) Bless the LORD, O my soul, And forget none of His benefits; (3) Who pardons all your iniquities, Who heals all your diseases; (4) Who redeems your life from the pit, Who crowns you with lovingkindness and compassion; (5) Who satisfies your years with good things, So that your youth is renewed like the eagle.

Act 2:17 NASB 'AND IT SHALL BE IN THE LAST DAYS,' God says, 'THAT I WILL POUR FORTH OF MY SPIRIT ON ALL MANKIND; AND YOUR SONS AND YOUR DAUGHTERS SHALL PROPHECY, AND YOUR YOUNG MEN SHALL SEE VISIONS, AND YOUR OLD MEN SHALL DREAM DREAMS;

The Big Point:

David understood the trials of life. He was made king by God but a man was already in the position. He regularly faced the effects of enemies outside his kingdom, inside his kingdom, and inside his own heart. In those years he learned how to overcome anxiety and depression. He teaches that we need to keep our focus on God's identity and testimony and repeat it to ourselves so we can view the world through the right lens. With that focus God sends His Spirit to renew our youth and empower us to Dream Again.

Important points from the message:

- The Spirit strengthens us for the warfare of life.
- Thankfulness awakens the Spirit of God within you.
- Our awareness of God opens us to receiving God benefits.
- The renewing strength of Pentecost moves you into God's timing.

Important quote:

- *"If you have been more concerned with Right and Left than Right and Wrong it is time to turn to Jesus."*
- *"David didn't write Psalm 130 to you, he wrote it to himself."*

Questions that may get your group talking.

- How about 2020?
- Have you seen depression or anxiety sap you of the ability to fulfill your call?
- Are you ready to dream again?
- How do you get dreams and direction from God?

Questions that may get your group thinking.

- What is the next step for you to go from valley to hilltop?
- How can you help someone in your life break out of defeat?
- How is God causing you to dream these days?

Commit to a step and live it out this week.

- Post 5 things you are thankful for each day.
- Text RLCserve to 97000 and sign up for a ministry team.
- Join a Life Group and encourage someone.